

# **Children of Alcoholics:**

**Alcoholism affects the entire family.**

**Many people report being exposed to alcoholism in their families.**

**There is strong, scientific evidence that alcoholism tends to run in families.**

**Alcoholism usually has strong negative effects on marital relationships.**

**Alcohol is associated with a substantial proportion of human violence, and perpetrators are often under the influence of alcohol.**

**There is a relationship between parental alcoholism and child abuse is indicated in a large proportion of child abuse cases.**

**Children of alcoholics exhibit symptoms of depression and anxiety more than children of non-alcoholics.**

**Children of alcoholics experience greater physical and mental health problems and higher health care costs than children from non-alcoholic families.**

**Children of alcoholics score lower on tests measuring verbal ability.**

**Children of alcoholics often have difficulties in school.**

**Children of alcoholics have greater difficulty with abstraction and conceptual reasoning.**

**Children of alcoholics may benefit from adult efforts which help them to:**

**Children can be protected from many problems associated with growing up in an alcoholic family.**

**Maternal alcohol consumption during any time of pregnancy can cause alcohol related birth defects or alcohol related neurological deficits.**